

|  CAISSE DES ECOLES 19 PARIS  MON RESTO D'ÉCOLE |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Gluten | | crustacés | | œufs | | poissons | | arachides | | soja | | lait | | fruits à coques | | céleri | | Moutarde | | sésame | | sulfites | | lupin | | Mollusques | |
| semaine du 22 au 26 02 2021 | P | T | P | T | P | T | P | T | P | T | P | T | P | T | P | T | P | T | P | T | P | T | P | T | P | T | | |
| Allergènes alimentaires majeurs | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Pain 400g tranché | X | | | | | X | | | | | X | | X | | | | | | | | X | | | | | | | |
| Entrées | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vinaigrettes | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Mayonnaise | | | | | X | | | | | | | | | | | | | | | | X | | | | | | | |
| Macédoine | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Pommes de terre et haricots verts vinaigrette | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Taboulé bio | X | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Plats | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Raviolis au tofu | X | | | | X | | | | | X | | | | | | | | | | | X | | | | | | | |
| Raviolis emmental basilic bio | X | | | | X | | | | | | | X | | | | | | | | | | | | | | | | |
| Tajine d'agneau aux abricots | X | | | | X | | | | | | | X | X | | | | | | | X | | | | | | X | | |
| Tortilla « maison » | | | | | X | | | | | | | | | | | | | | | | | | | | | | | |
| sauces | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| jus du rôti de dinde | X | | | | X | | | | | | | X | | | | | | | X | | X | | | | | | | |
| sauce citron poisson | X | | X | | X | X | | | | | X | X | | | X | | | | X | | X | | | X | | | | X |
| Accompagnements | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Riz bio | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Brunoise de légumes | | | X | | | X | | | | | | | X | | | | | | | X | | | | | | | | |
| Semoule | | X | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Mix céréales | X | | | | X | | | | | X | X | | | | | | | X | X | | | | | | | X | | |
| Fromages | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| les fromages | | | | | | | | | | | | X | | | | | | | | | | | | | | | | |
| Desserts | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Fruits crus | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Fruits au sirop | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Fromages blancs | | | | | | | | | | | | X | | | | | | | | | | | | | | | | |
| les yaourts naturels | | | | | | | | | | | | X | | | | | | | | | | | | | | | | |
| Goûters | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Baguette bio, bûche tradition | X | | | | X | | | | | | X | | X | | X | | | | | | | | | | X | | | |
| bâton chocolat | | | | | | | | | | | | | | X | | X | | | | | | | | | | | | |
| Lait Aromatisé fraise / chocolat ou nature bio | | | | | | | | | | | | X | | | | | | | | | | | | | | | | |
| Pain bio au sésame | X | | | | X | | | | | | X | | X | | X | | | | | | X | | | | | | | |
| Pâte à tartiner aux noisettes | | | | | | | | | | X | | X | | | X | | | | | | | | | | | | | |
| Pain aux raisins | X | | | | X | | | | | | X | X | | | X | | | | | | | | | X | X | | | |
| Pain tranché bio, semi – complet, campagne | X | | | | X | | | | | | X | | X | | X | | | | | | | | X | | | | | |
| fromage fondu | | | | | | | | | | | | X | | | | | | | | | | | | | | | | |
| Jus d'oranges | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Miel, confiture | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Purées de fruits | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

P = Présence

T = Traces

Ces menus sont validés par une commission des menus. Ils sont susceptibles d'être modifiés en fonction de la disponibilité des produits.