

Liste des 14 allergènes principaux par recette

| | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---------------------------------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Repas / Plat | Lait | Blé / Gluten | Oeuf | Poisson | Sulfites | Fruits à coques | Crustacés | Mollusques | Céleri | Soja | Arachides | Moutarde | Sésame | Lupin |
|  | Lundi 05 Février - Déjeuner | | | | | | | | | | | | | | |
|  | Potage aux courgettes | X | | | | X | | | | | | | | | |
|  | Vache qui rit concombre jambon | X | | | | X | | | | | | | X | | |
|  | Penne aux lentilles et maïs | | X | | | | | | | X | | | | | |
|  | Macaroni Bio | X | X | | | | | | | | | | | | |
|  | Pommes vapeur | X | | | | | | | | | | | | | |
|  | Edam | X | | | | | | | | | | | | | |
|  | Clementine n°3 | | | | | | | | | | | | | | |
|  | Pain au chocolat | X | X | X | | | | | | | | | | | |
|  | Mardi 06 Février - Déjeuner | | | | | | | | | | | | | | |
|  | Boulettes de bœuf Bio au curry | X | X | | | | | | | | | | | | |
|  | Semoule Bio | | X | | | | | | | | | | | | |
|  | Orange | | | | | | | | | | | | | | |
|  | Yaourt brassé aux fruits bio | X | | | | | | | | | | | | | |
|  | Gouter pain et fromage | X | X | | | | | | | | | | | | |
|  | Mercredi 07 Février - Déjeuner | | | | | | | | | | | | | | |
|  | Sauté de veau | | X | | | X | | | | | | | | | |
|  | Purée de potiron | X | | | | X | | | | | | | | | |
|  | Camembert Bio | X | | | | | | | | | | | | | |
|  | Mousse chocolat au lait | X | | | | | | | | | X | | | | |
|  | Gouter pain de mie et confiture | | X | | | | | | | | | | | | |
|  | Jeudi 08 Février - Déjeuner | | | | | | | | | | | | | | |
|  | Salade verte | | | | | | | | | | | | | | |
|  | Filet de colin meunière et citron | X | X | X | X | | | X | X | | | | | | |
|  | Riz pilaf Bio | | | | | | | | | | | | | | |
|  | Emmental | X | | | | | | | | | | | | | |
|  | Kiwi | | | | | | | | | | | | | | |
|  | Gouter pain et chocolat | | X | | | | | | | | X | | | | |
|  | Vendredi 09 Février - Déjeuner | | | | | | | | | | | | | | |

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|  | Salade verte | | | | | X | | | | | | | X | | |
|  | Champignons de Paris | X | | | | | | | | | | | | | |
|  | Emmental râpé | X | | | | | | | | | | | | | |
|  | Vache qui rit Bio | X | | | | | | | | | | | | | |
|  | Banane | | | | | | | | | | | | | | |
|  | Gouter brique de lait | X | | | | | | | | | | | | | |
|  | Gouter chausson aux pommes | X | X | X | | | | | | | | | | | |